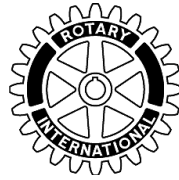


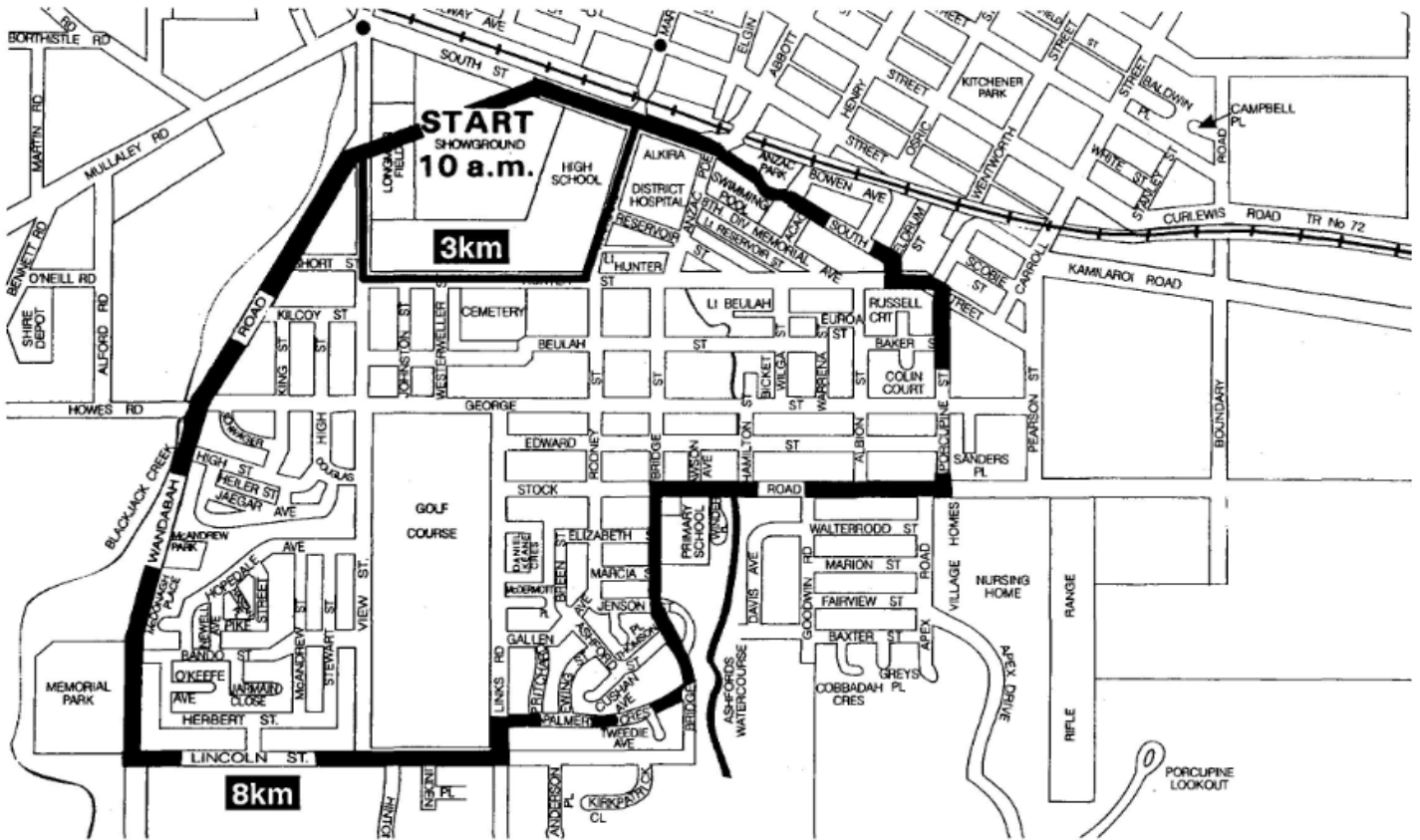
COMMUNITY
FITNESS
RUN

THE ROTARY CLUB OF GUNNEDAH WEST

SUNDAY
SEPTEMBER 12
2010



START
10AM



ENTRY CATEGORIES

8km categories

- Open male
- Open female
- Under 18
- 18-29 years
- 30-39 years
- 40-49 years
- 50+
- Oldest to finish

- 1st, 2nd, 3rd
- 1st, 2nd, 3rd
- male and female
- male and female
- male and female
- male and female
- male and female

3km categories

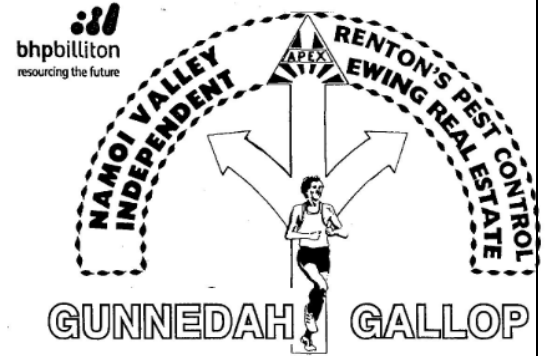
- 10 and under
- 11-13 years
- 14-16 years
- Open male
- Open female
- First parent and child in pram

- male and female
- male and female
- 1st, 2nd, 3rd
- 1st, 2nd, 3rd

COMMUNITY FITNESS RUN

SUNDAY
SEPTEMBER 12, 2010

START: 10am from Gunnedah Showground
FINISH: Gunnedah Showground
DISTANCE: Approximately 8km and 3km.
SPONSORS: Namoi Valley Independent, Renton's Pest Control
Ewing Real Estate, Promoted by The Rotary Club of Gunnedah West
ENQUIRIES: To the Gunnedah Gallop, PO Box 158, Gunnedah NSW 2380
Or the office of any sponsor, or phone Jackie King 0408 294 766



Entry to the Showground for the Gallop is by the
View Street Gate

- Event** 8km (\$5 entry fee) 3km (\$5 entry)
- Sex** Male Female
- Division** Under 18 18-29 30-39 40-49 50+ (8km fun run only)
 Under 10* 11-13* 14-16* Open male* Open female* (*3km fun run only)
 First parent and pram (3km fun run only)

Birthdate: dd/mm/yyyy

Age on day of race:

First name:

Surname:

Postal address:

Town:

Postcode:

Day phone:

Mobile:

TERMS AND CONDITIONS OF ENTRY

1. I acknowledge that competitive running involves the real risk of serious injury or even death from various causes including overexertion, equipment failure, dehydration, accidents with other competitors, spectators or road users and course or weather conditions to name a few.
2. I understand that I should not compete in this event unless I have trained appropriately and a medical practitioner has verified my physical condition.
3. By competing, I accept all risks necessarily flowing from my participation that could result in loss of life or permanent injury. Accordingly, I release all people associated with the conduct of the event from, and will indemnify them against, all liability (including liability for their negligence) for all injury, loss or damage arising out of or connected with my participation in this event. For clarification, the people released include event organisers, promoters, sponsors, managers, government and public authorities, employees, agents, contractors and volunteers including event medical and paramedical personnel. This release and indemnity continues forever and binds my heirs, executors, personal representatives and assigns.
4. I consent to receiving any medical treatment that event organisers think desirable during or after the event.
5. I understand that compulsory insurance cover affected for participants in this event may not cover me for all injury, loss or damage sustained by me.
6. I am fully responsible for the security of my personal possessions at the event.
7. I agree to abide by all race rules and directions issued by the event organiser.
8. I certify that I am 18 years of age or older and I have read this agreement and fully understand it.

Signature:

Date: